

EVIDENCE-BASED PRACTICES

QUARTERLY NEWSLETTER

VOLUME II - NUMBER I | FEBRUARY 2014

Motivational Interviewing:

“A semi-directive, client-centered [interviewing] style for helping clients explore and resolve ambivalence about behavior change.”

Due to the lack of officers trained in motivational interviewing and the lack of certified officers to train M.I., Chief Reeves strongly advocated for AOC to facilitate a Train the Trainer session.

Five officers attended M.I. Train the Trainer at AOC in December 2013. Following this training, Tara Newman was appointed to oversee the program moving forward. Throughout 2014, all supervisors, probation officers, and surveillance officers will be attending a three day training for M.I. Please plan accordingly to attend this mandatory training.



All training dates will be held on Wednesdays as follows:

Kingman: April 16, 23 and 30

Bullhead City: June 18 and 25, July 2

Lake Havasu City: October 15, 22 and 29

Also: beginning in 2015, a training schedule for juvenile detention officers will be implemented as well.

(Credit to Emily Flood for this article)

Roll-out of Juvenile EBP continues...

The Juvenile Justice Services Division of the AOC is continuing to move EBP forward with a completion date of July 1, 2015. Included in this process will be the revision of all policies and procedures, EBP Training, Code Training and implementation of uniform terms and conditions of probation.

AOC will conduct organizational climate surveys, 360 evaluations and address gaps in support to counties as they roll out this latest initiative. As we move forward in this process, we will continue to update staff with our progress.

(Credit to Elaine Grissom for this article)

EPICS II Tip

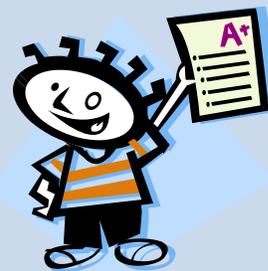
Research has clearly established that punishment is limited in its ability to bring about behavioral change and build positive replacement behaviors. Unfortunately, given the population we serve, it is important to have some form of corrective strategy. One such strategy is **Effective Disapproval**. The following steps are intended to create a cognitive link between anti-social behavior and consequences:

1. Identify the inappropriate behavior and tell the client, in an objective manner, that you disapprove of what was said or done.
2. Ask the client to explore the short and long term consequences of continuing to engage in that behavior.
3. Ask the client to identify and discuss pro-social alternatives that could be used in place of the unacceptable behavior.
4. Contract with the client to use the pro-social alternative in the future.
5. If you are administering a punishment, simply tell the client what the consequence will be, and deliver the consequence.

(Credit to Ed Prell for this article)

What's next with our GED program??

The GED test from PearsonVue is nearly ready to go... but the staff that will be giving the tests are not quite ready. The new GED administrators will be taking web-based training soon. The GED pre-tests are currently on hold and it may be mid-March before those pre-tests are ready.



With the big change and the time frame for training, we are purchasing 30 tests for 2014. We will continue tracking the GED graduates with the GED Tree as well as each office displays their graduates. Lake Havasu City and Bullhead City offices will have their own GED administrators to give the tests and Kingman will continue to test at the Detention Center.

(Credit to Nancy Tharpe for this article)